

# SPIRALING INTO CONTROL

EXPLORING THE 4-STEP BLUEPRINT FOR QUANTUM BREAKTHROUGH



Inner Change  
ENTERPRISES, LLC

CONSCIOUS EVOLUTION FOR LIFE!™

## 10. OWNING YOUR PRIORITIES

If we are wanting to have better balance in our lives, more joy and fulfillment in our endeavors, greater compassion and understanding in our relationships, then we need to hold these ideals clearly in mind and make the manifestation of them a priority in our life. As we prepare ourselves for the shifts in our consciousness that will contribute to the ends we want to reach, we must own our responsibility for establishing priorities that will lead to peace ... within ourselves and in all outer aspects of our lives.

Oft times in my life that's been tough for me, because I've approached my priorities from two other perspectives: either I abdicated my responsibility for creating a focus for my own life (which opened the door wide for all kinds of folks to tell me what they thought my priorities ought to be ... and having no sense of self, I listened to them tell me *their* version of me, who I was and what I was to become), or I made the defining of someone else's priorities mine to do (by asserting my will onto other people and manipulating them ... almost always unsuccessfully ... into complying). FYI: Neither method contributes to functional adulthood. 😊

I don't ever recall having a conversation—with my parents, my guidance counselor, or even my friends—about what I envisioned my life would be like or what accomplishments would be meaningful to me. So it was that late in my teens I had but three priorities: leave home, travel the world, and go to college. It wasn't a very comprehensive list ... devoid of depth and forethought, containing only simplistic insights about how to achieve them. And as you might suspect, it yielded haphazard results ... situations that proved both unfulfilling and unsafe as well as a sense of floundering, treading water. No wonder. I had no direction, no method of discerning wisely.

Part of that was a deservability issue: "Who did I think I was that extraordinary things could happen to me?" Part of it was an exposure issue: "Think big? Never heard of it!" And part of it was an inherited paradigm: "Get married. Have children. What else is there?" In order to shift, in order to break through to my God-granted magnificence, these outdated misperceptions all needed to be healed.

Thus, "owning my priorities" required me to explore what stirred in *me*, which has led me to truly enjoy my own company. It required me to embrace the divine truth alive within me: I am here for purpose—and for me to think otherwise is to place myself in contempt of Creation. It required me to give voice—through my thoughts, words and actions—to those aspects of life that moved me. And it required me to live in the realm of possibilities ... for with God, all things *are* possible.

And in so doing ... in so owning my priorities ... I have been blessed with two gifts: First, I am far less tempted in my life to be inauthentic, to withhold what is alive in me in any circumstance. And that old habit of projecting my priorities onto someone else's life? It has virtually disappeared, because I know that what is alive in me, allowing me to know myself, is something that is also alive in them, and I prefer to support rather than squelch *their* ability to go within themselves and embrace their greatness.

Here's to discovering what lives and stirs in *you*!

Peace, Love, Joy,

*Diana*

